

The Neighborhood Table ■ P.O. Box 512 ■ Wisconsin Rapids, WI 54495 ■ (715) 422-1980 ■ www.theneighborhoodtable.org

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Zumbathon raises funds for The Neighborhood Table

WISCONSIN RAPIDS, Wis. – The Neighborhood Table (TNT), a local nonprofit meal/soup kitchen program, was the benefactor of the proceeds raised at the Second Annual Zumbathon charity event held Tuesday, June 3. The event was hosted and orchestrated by Mary Jo Brandl, owner of MJ's Balance Studio, and took place in the parish hall of St. John's Episcopal Church.

According to Brandl, about 30 people participated in the Zumbathon with others coming just to partake in the numerous basket raffles that were offered. "We were able to raise more than \$1,500 for The Neighborhood Table, which I think is a great success for this event," Brandl said.

The Zumbathon started out with a low-impact exercise session followed by a higher intensity session. Then the event concluded with the announcement of the winners of the various baskets that were offered in the raffle.

Dale Bikowski, president of The Neighborhood Table, thanked Brandl for the significant donation saying, "What a fantastic night! Everyone had a great time and to raise this much for The Neighborhood Table is great. I can't say thank you enough for doing the fundraiser for us. Everyone at The Neighborhood Table truly appreciates it!"

Pictured below are participants exercising at the Zumbathon charity event.



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We share not only a meal, but also an atmosphere of hospitality and mutual respect.

About The Neighborhood Table

The Neighborhood Table (TNT) is a nonprofit 501(c)3 charitable organization with the mission to reduce hunger, improve the quality of life and create an awareness of the needs that exist in the Wisconsin Rapids community and surrounding area. The organization was formed in late 2003 and grew the frequency of meals served since that time to every Thursday and the last two Tuesdays of each month. Currently, approximately 170 and 375 meals are served each Tuesday and Thursday, respectively, to local participants. Over 100 different groups, businesses and clubs in the area sponsor TNT meals.

The Neighborhood Table is staffed by volunteers who carry out the meal/soup kitchen program by offering a free meal to anyone in need. Meals are served 4:30 to 6 p.m. at St. John's Episcopal Church, with carry-outs available only on Thursdays. The Neighborhood Table is governed by its Board of Directors. The program services the communities of Wisconsin Rapids, Nekoosa, Port Edwards and surrounding areas in central Wisconsin. To learn more about TNT and available volunteer opportunities, please visit www.theneighborhoodtable.org.

About MJ's Balance Studio

MJ's Balance Studio is located in the 8th Street Plaza Mall, 834 Huntington Avenue, Wisconsin Rapids. It is locally owned and operated by Mary Jo Brandl. Classes offered at the studio include: Zumba[®], Zumba Gold[®] (low impact), Zumba[®] Toning, and Sport Yoga (beginners). For more information, call 715-459-1487 or e-mail misbalancestudio@charter.net.

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